



THE

RIVER

HOUSE

& OUR

FOOD FOREST



RIVER HOUSE INFORMATION

Welcome to The River House.

6 Keera St Bingara

We have dreamed of creating a beautiful place for visitors to stay in Bingara.

The River House has a magnificent position overlooking the river and is situated in a food forest garden.

It is within walking distance of the shops, Roxy Theatre & The Sporting Club where you can play golf, bowls or squash.

We hope you enjoy your stay & join us again.

The River House is managed by Erik & Noelene Ozols from The Imperial Hotel & in their absence by Graham Cutmore. PH 67 241 629. The house can be booked as a whole or as 4 individual suites with ensuite bathrooms – 3 of which all have their own beautiful living area & cooking facilities.

In the garden is a glorious pergola and barbeque facilities.

BIKE RIDING Those who love touring on their motorbikes will really enjoy some of the local rides-to Copeton Dam, to Narrabri.

Ever wanted to ride off road? The Michels at Castletop have a great facility.

BREAKFAST The Imperial Hotel does hearty, very reasonable breakfasts. Or, if you prefer, there is an award winning bakery.

BIRD WATCHING.

BUSHWALKING

BUTCHER For great meat visit Damian & his team at Meat on Maitland.
67241618

CAMP OVEN COOKING.

CANOEING Canoes & transport up the river are available for hire from Gwydir River Trail Rides. You finish just opposite The River House.

Check IN 2 pm

CHECK OUT 10 a.m

COFFEE Delicious coffee is available from the Imperial Hotel in the main street.

COMPLEMENTARY HEALTH As well as a great medical centre & hospital, there are various practitioners of complementary health in the area. Massage
Dawson Program Earth Acupuncture

COURSES For a small town Bingara has some very talented people who are happy to teach people their skills. The range is enormous-from simple to amazing wedding cake making to leather work to managing stress to public speaking to acting to garden design & permaculture design to cheesemaking to photography to mastering the computer to learning bridge to dowsing to horseriding (even buck jumping!) to jewellery making to mosaics to cooking with local produce to painting. The list is almost endless. Ask & we'll see if we can organise. Spend a few days to learn a new skill you will have forever.

FARM VISITS Bingara is surrounded by numerous famous cattle studs & farms practising progressive & sustainable agriculture. Visits can be arranged.

FILM CLUB. Monthly

FISHING is abundant along the banks of the Gwydir River and at Copeton Dam. There is also a hatchery run by volunteers.

FITNESS No excuses for not keeping fit. Bingara has 2 Circuit classes a week, Zumba & 2 Pilates classes on Sat. Men at 9 am & Women at 10 am.

FUEL is available from the corner store near the Sporting Club. It is not 24 hr.

GARBAGE COLLECTION Bins are put out Monday night.

GOLF. Bingara's golf course is a gem. Grass greens & fully watered, it is a testament to the volunteers who maintain it. Just \$10 per head per round. Leave in honesty box at gate.

HAIR & BEAUTY

HORSE RIDING. Is available, depending on numbers from John & Cathy Wade, They offer a fantastic experience riding along the river & cater for all abilities.
Gwydir River Trail Rides

INTERNET ACCESS. Available- if you have a 3g stick or dongle. If any problems, the library in the old Court House has a great free service (weekdays).

IRON. The iron is in a Robinhood ironing centre in the laundry in the front Pavilion. "The Retreat", the rear pavilion has its own iron & board.

LAUNDRY. There is a communal laundry in the front Pavilion which has a washing machine & iron. The clothes line is on the western wall.

MEDICAL Hospital 67241166 Medical Centre 67241900

SHOP HOURS Most businesses are open Mon –Fri 9-5 & until 12/12.30 on Saturdays.

The Fruit & Vegetable Shop is open 7 days a week.

SPORTING CLUB 8 Bombelli St 67241206 for golf, bowls, tennis & squash. There is a golf cart for hire at the small store opposite the tennis courts. Chinese meals are available Wed to Sun. Visitors are very welcome to be part of any events.

PARKING There is a turning circle at the rear of the block. There are 2 undercover parks at the rear. The alternatives are either on the street or on the side of the driveway ensuring there is room for another vehicle to pass.

PETS Please no pets. The Gwydir Park Pet Inn cares for dogs & cats at Delungra which is 1/2 an hour away. 02 67248580 \$5-10 a night.

PHARMACY 42 Maitland St 67241400

SMOKING. Please no smoking in the pavilions.

SUPERMARKET & HARDWARE IGA 67241303

SWIMMING Swim in the Gwydir River (not in flood!) or visit the pool near the hospital. If you have children they will love the Glacial Area about 40 kms from Bingara on the Narrabri Rd.

THE ROXY THEATRE is a magnificently restored Art Deco building. Used for performances, films, weddings and conferences. Tours are available.

VISITORS INFORMATION CENTRE is situated in part of the Roxy Theatre, 74 Maitland St and is open 7 days a week although hours are reduced on weekends. 1300 659 919 or 67240066

WHAT'S ON Check out the Bingara website. www.bingara.com.au

RELAX AND ENJOY WHAT THIS FRIENDLY GEM ON THE GWYDIR HAS TO OFFER.

To add:

Georgina

Just thought of 4 others- hair & beauty, farm visits, bike riding & complementary health and lots more !!

Re Complementary Health Apart from Garry & I with the Dawson Program & Shane O'Brien with massage -are you aware of others? I think there is another massage person. There was Reiki person.

There is a highly regarded naturopath in Inverell. Fernhill Wellness Centre 02 67213350 Janine McDonald. As well as various chiropractors.

Re courses. If you went on a holiday what (if anything !!!) would you like to learn/experience? What other people are there around who can offer skills?

Linda